Dear Student: 

On behalf of Student Affairs, I sincerely hope the year ahead will be filled with the excitement of creative and innovative learning experiences that inspire you in pursuit of the world’s great challenges. Your college years present numerous opportunities and potential challenges. Decisions you make today will impact your future, including choices you make regarding alcohol.

As a responsible member of the Missouri S&T community, it is important to learn about personal risk factors, harm-reduction strategies, and resources available for high-risk drinking. Consequences can be significant and may impact your student experience whether or not you drink. Impact can include risky sexual choices, violence and vandalism, alcohol poisoning or even death.

In order to create a culture of wellness and make Missouri S&T the safest and healthiest environment possible, we need your help. **Before you arrive on campus, I request that you complete e-Check Up to Go, a brief online self-assessment for alcohol use.** This module will increase awareness and enhance your ability to effectively help yourself and your peers.

**Missouri S&T data:**

- 3 out of 4 students avoid high-risk alcohol consumption
- 44% of students under the age of 21 choose not to drink alcohol
- 95% of students trained in STEP UP! bystander intervention, who witnessed a problematic event, used their skills to intervene

(Missouri College Health Behavior Survey [MCHBS] 2015, N=421)

**National data suggests:**

- 1 in 5 will be a victim of sexual assault while they are in college (Not Alone, White House 2014)
- Students between the ages of 18 and 24
  - 97,000 are victims of alcohol-related sexual assault or date rape
  - 696,000 are assaulted by another student who has been drinking (Hingson et al., 2009)

For additional information on sexual discrimination, harassment, violence and stalking visit [titleix.mst.edu](http://titleix.mst.edu)

I appreciate you taking the time to become informed and am confident that your engagement in campus programs and services will be rewarding for years to come. **As Miners for Life, we STEP UP! to make a difference!**

My sincere best wishes for your success,

[Signature]

Vice Chancellor for Student Affairs

S&T eCHECKUP TO GO: [https://interwork.sdsu.edu/echug2/?id=MST&hfs=true](https://interwork.sdsu.edu/echug2/?id=MST&hfs=true)