Dear Missouri S&T Student:

Thank you for choosing to be a part of the Missouri S&T campus community. On behalf of Student Affairs, I sincerely hope your experience this year will be rewarding, successful, and filled with the excitement of new creative and innovative learning opportunities. In support of the University’s mission, the Division of Student Affairs provides programs and services that engage students in active learning and promote lifelong development for personal and professional success.

This development is important as the college years present important experiences along with significant choices, some which can threaten your success; among them are the high risk use of alcohol. It is critical that every student be equipped to identify risk factors, monitor drinking patterns and be familiar with available resources. As the inventors, explorers, entrepreneurs and educators who will transform tomorrow, lifelong learning and development are imperative. For this reason, I am asking that every student complete the S&T Alcohol eCHECKUP TO GO.

The eCHECKUP TO GO program is designed specifically for college age students and provides personalized, evidence-based education that includes tips on prevention and intervention strategies regarding alcohol. Student Affairs programs and services support the creation of an environment which fosters creativity, entrepreneurship and a culture of excellence in all that we do. Maintaining a healthy lifestyle and having the support of family significantly contributes to your success and brings vitality to the S&T community.

I don’t drink alcohol! …What value is this program to me?

Our most recent data indicates that 32% of S&T students under the age of 21 do not drink alcohol. Missouri S&T students look out for one another with 96% saying they would step in and do something if a friend was drinking too much. (Missouri College Health Behavior Survey [MCHBS] 2013, N=442).

Even with an increasing number of S&T students choosing to abstain from consuming alcohol, it remains important that our entire campus community be equipped with the knowledge and resources to respond if someone is consuming at a risky level.

I appreciate you taking the time to become informed by completing the eCHECKUP TO GO online module. Additional information is available on our Student Wellness website: http://studentwellness.mst.edu. Your commitment to becoming a creative and innovative future leader who is a knowledgeable and engaged member of the S&T community will be rewarding for years to come.

My sincere best wishes for your success,

Dr. Debra Robinson
Vice Chancellor for Student Affairs
S&T eCHECKUP TO GO: https://interwork.sdsu.edu/echug2/?id=MST&hfs=true

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