HARM TO SELF

DYSREGULATION/DECOMPENSATION
- Acutely suicidal (thoughts, feelings, expressed intentions and ideations)
- Parasuicidal (extreme self-injurious behavior, eating disorder, life-threatening)
- Engaging in risk taking behaviors (e.g. substance abusing)
- Hostile, aggressive, relationally abusive
- Inability to regulate emotion, self, cognition, behavior, or relationships
- Profoundly disturbed, detached view of reality
- Unable to care for themselves (poor self-care/protection/judgment)
- At risk of grievous injury or death without intent to self-harm

DISTURBANCE
- Increasing disruptive or concerning, unusual and/or bizarre behavior
- May be destructive, apparently harmful or threatening to others
- Substance misuse and abuse; self-medication
- Inability to cope

DISTRESS
- Emotionally troubled, depressed/unstable
- Impacted by situations or traumatic event
- May be symptomatic if not coping/adapting
- May subside when stressor is removed

OVERALL RISK

HARM TO OTHERS
Nine Levels of Violence

EXTREME RISK
- Dysregulated (way off baseline) or medically disabled
- Loss of verbal control, judgment, and/or physical control
- End result may be an act of violence.

SEVERE RISK
- Threat made or present
- Threat made or present, concrete (specific or direct)
- Threat may be repeated with consistency (may try to convince listener they are serious)
- Content of threat suggest threatener will carry it out (references to weapons, means, target)

ELEVATED RISK
- Threat made or present
- Threat is vague, but direct, or specific but indirect
- Threat made or present, vague and indirect, but may be repeated or shared with multiple reporters
- Information about threat or threat itself is consistent, plausible, or includes increasing detail of a plan

MODERATE RISK
- Threat made or present
- Threat lacks realism, or includes disturbance
- Information about threat or threat itself is inconsistent, implausible or lacks detail
- Threat lacks realism, or is repeated with variations

MILD RISK
- Disruptive or concerning behavior
- May or may not show signs of distress
- No threat made or present

TRIGGER
- Characterized by stress and anxiety on nearly a daily basis. Individual has the ability to cope.
- Loss of verbal control, judgment, and/or physical control

Missouri S&T Risk Assessment Tool

Elevated Level of Concern
- Conduct risk assessment
- Evaluate disability services and/or medical referral
- Consider interim suspension if applicable
- Obtain and assess medical/educational and other records
- Evaluate parental/guardian notification
- Meeting/mandated referral by reporter

Moderate Level of Concern
- Behavioral contract or success plan with student
- Meeting/soft referral by reporter
- Evaluate disability services and/or medical referral
- Consider referral or mandated assessment
- Conduct risk assessment

Mild Level of Concern
- Meeting/self referral by reporter
- Evaluate for disability services and/or medical referral
- Consider conflict management, mediation, problem-solving

Elevated Risk
- Possible confrontation by reporter
- Evaluate parent/guardian notification
- Obtain and assess medical/educational and other records
- Consider interim suspension if applicable
- Evaluate for medical/psychological transport, custodial hold, voluntary/involuntary commitment
- Parental/guardian notification likely obligatory
- Possible liaison with local police to compare red flags
- Interim suspension or withdrawal, if applicable
- Evaluate for medical/psychological transport, custodial hold, voluntary/involuntary withdrawal or commitment
- Evaluate for medical/psychological transport, custodial hold, voluntary/involuntary withdrawal or commitment
- Evaluate emergency notification to others
- Parental/guardian notification
- Possible confrontation by reporter

Moderate Risk
- Behavioral contract or success plan for low-level concerns
- Student conduct or HRSAADI response
- Evaluate for disability services and/or medical referral
- Conflict management, mediation, problem-solving

Mild Risk
- Meeting/self referral by reporter
- Behavioral contract or success plan with student (only for low-level concerns)