University Committee for Assistance, Response, and Evaluation (UCARE)

CHALLENGE: Available information is often scattered with various individuals having different pieces of the puzzle.

**WHEN TO REPORT**

If you know a student who appears to be.....

- Experiencing a decline in work or academic performance
- Demonstrating disruptive or disturbing behavior
- Showing dramatic changes in appearance, behavior or weight
- Having problems at home, with classes or work
- Making disturbing comments in email, letters, web or papers
- Hyperactive, anxious or experiencing dramatic mood shifts
- Abusing alcohol or drugs
- Sad or isolating socially
- Acting paranoid or suspicious
- Frequently angry or easily frustrated
- Struggling with health problems

A MULTIDISCIPLINARY APPROACH TO MAKE OUR CAMPUS THE SAFEST ENVIRONMENT POSSIBLE

ucare.mst.edu

**HOW TO REPORT**

REPORT ONLINE
ucare.mst.edu
UCARE
ucare@mst.edu
341-4209

Krista Morris-Lehman
morrislehman@mst.edu
341-4211

Resource Information
ucare.mst.edu/facultystaff

Ask.Listen.Refer.
asklistenrefer.org/mst

ucare.mst.edu
UCARE was formed following incidents that highlighted the need for greater communication and preparedness regarding students facing distress. UCARE focuses on prevention and effective response strategies.

**UCARE COMMITTEE MEMBERS**

Connie Arthur – Manager, Disability Support Services, (573) 341-6655, conniea@mst.edu

Mindy Bryson - Nurse Practitioner Student Health Services, (573) 341-4284, brysonml@mst.edu

Joni Burch – Associate Director for Residential Life, (573) 341-4218, burchj@mst.edu

Dr. Patti J. Fleck – Director for Counseling, Disability Support, and Student Wellness, (573) 341-4211, pfleck@mst.edu

Dr. Dennis Goodman – Director for Student Health Services, (573) 341-4284, dgoodman@mst.edu

Cady Holmes-Muskovin – Interim Director for Institutional Equity, Diversity & Inclusion, (573) 341-6314, holmescj@mst.edu

Siobhan Macxis – Intake Officer, Institutional Equity, Diversity & Inclusion, (573) 341-7739, macxiss@mst.edu

Krista Morris-Lehman – Case Manager for Counseling, Disability Support, and Student Wellness, (573) 341-4211, morrislehmank@mst.edu

Rachel Morris – Assistant to the Vice Provost for Undergraduate Studies, (573) 341-7600, rachelm@mst.edu

Neil Outar – Interim Chief Diversity Officer & Title IX Coordinator, (573) 341-6038, naoutar@mst.edu

Barb S. Prewett – Assistant Dean of Students, (573) 341-4209, bprewett@mst.edu

Doug Roberts, Director of University Police, (573) 341-4300, robertsdb@mst.edu

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**REFERRAL STATISTICS**

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**What does UCARE do?**

- Prevention and planning
- Consults and communicates
  - Gathers information
  - Assesses circumstances
- Develops action plans
  - Responds
- Process improvement

Revised August 2017