



University Committee for Assistance, Response, and Evaluation (UCARE)

CHALLENGE: Available information is often scattered with various individuals having different pieces of the puzzle

WHEN TO REPORT

If you know a student who appears to be....

- **Experiencing a decline in work or academic performance**
- **Demonstrating disruptive or disturbing behavior**
- **Showing dramatic changes in appearance, behavior or weight**
- **Having problems at home, with classes or work**
- **Making disturbing comments in email, letters, web or papers**
- **Hyperactive, anxious or experiencing dramatic mood shifts**
- **Abusing alcohol or drugs**
- **Sad or isolating socially**
- **Acting paranoid or suspicious**
- **Frequently angry or easily frustrated**
- **Struggling with health problems**

MISSOURI
S&T

A MULTIDISCIPLINARY APPROACH
TO MAKE OUR CAMPUS THE
SAFEST ENVIRONMENT POSSIBLE

ucare.mst.edu

HOW TO REPORT

REPORT
ONLINE

ucare.mst.edu

UCARE
ucare@mst.edu
341-4209

Krista Morris-Lehman
morrislehmank@mst.edu
341-4211

Resource Information
ucare.mst.edu/facultystaff

Ask.Listen.Refer.
asklistenrefer.org/mst

UCARE COMMITTEE MEMBERS

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MISSOURI S&T Student Affairs
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UCARE was formed following incidents that highlighted the need for greater communication and preparedness regarding students facing distress. UCARE focuses on prevention and effective response strategies.



REFERRAL STATISTICS

Year	12-13	13-14	14-15	15-16	16-17
Referral	53	45	55	286	372

What does UCARE do?

- Prevention and planning
- Consults and communicates
 - Gathers information
 - Assesses circumstances
 - Develops action plans
 - Responds
- Process improvement

