



University Committee for Assistance, Response, and Evaluation (UCARE)

CHALLENGE: Available information is often scattered with various individuals having different pieces of the puzzle

WHEN TO REPORT

If you know a student who appears to be....

- **Experiencing a decline in work or academic performance**
- **Demonstrating disruptive or disturbing behavior**
- **Showing dramatic changes in appearance, behavior or weight**
- **Having problems at home, with classes or work**
- **Making disturbing comments in email, letters, web or papers**
- **Hyperactive, anxious or experiencing dramatic mood shifts**
- **Abusing alcohol or drugs**
- **Sad or isolating socially**
- **Acting paranoid or suspicious**
- **Frequently angry or easily frustrated**
- **Struggling with health problems**

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A MULTIDISCIPLINARY APPROACH
TO MAKE OUR CAMPUS THE
SAFEST ENVIRONMENT POSSIBLE

ucare.mst.edu

HOW TO REPORT

REPORT
ONLINE

ucare.mst.edu

UCARE

ucare@mst.edu

341-4209

Krista Morris-Lehman
[morislehman@mst.edu](mailto:morrislehman@mst.edu)

341-4211

Resource Information
ucare.mst.edu/facultystaff

Ask.Listen.Refer.
asklistenrefer.org/mst

UCARE COMMITTEE MEMBERS

Connie Arthur – Disability Support Services,
(573) 341-6655, conniea@mst.edu

Mindy Bryson - Nurse Practitioner Student Health
Services, (573) 341-4284, brysonml@mst.edu

Joni Burch – Associate Director for Residential Life,
(573) 341-4218, burchj@mst.edu

Dr. Patti J. Fleck – Director for Counseling, Disability
Support, and Student Wellness,
(573) 341-4211, pfleck@mst.edu

Dr. Dennis Goodman – Director for Student Health
Services, (573) 341-4284, dgoodman@mst.edu

Tera Humphrey – Student Program Administrator &
Student Conduct Officer, (573) 341-4209, tghbm4@mst.edu

Siobhan Macxis – Intake Officer, Institutional Equity,
Diversity & Inclusion, (573) 341-7739, macxiss@mst.edu

Krista Morris-Lehman – Case Manager for Counseling,
Disability Support, and Student Wellness,
(573) 341-4211, morrislehmank@mst.edu

Rachel Morris – Assistant to the Vice Provost for
Undergraduate Studies, (573) 341-7600, rachelm@mst.edu

Neil Outar – Director for Institutional Equity, Diversity &
Inclusion, (573) 341-6038, naoutar@mst.edu

Barb S. Prewett – Assistant Dean of Students,
(573) 341-4209, bprewett@mst.edu

Doug Roberts, Director of University Police, (573) 341-4300,
robertsdb@mst.edu

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stuaff.mst.edu | stuaff@mst.edu

UCARE was formed following incidents that highlighted the need for greater communication and preparedness regarding students facing distress. UCARE focuses on prevention and effective response strategies.



REFERRAL STATISTICS

Year	11-12	12-13	13-14	14-15	15-16
Referral	74	53	45	55	286

What does UCARE do?

- Prevention and planning
- Consults and communicates
 - Gathers information
- Assesses circumstances
- Develops action plans
 - Responds
- Process improvement

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