University Committee for Assistance, Response, and Evaluation (UCARE)

CHALLENGE: Available information is often scattered with various individuals having different pieces of the puzzle

WHEN TO REPORT

If you know a student who appears to be.....

- Experiencing a decline in work or academic performance
- Demonstrating disruptive or disturbing behavior
- Showing dramatic changes in appearance, behavior or weight
- Having problems at home, with classes or work
- Making disturbing comments in email, letters, web or papers
- Hyperactive, anxious or experiencing dramatic mood shifts
- Abusing alcohol or drugs
- Sad or isolating socially
- Acting paranoid or suspicious
- Frequently angry or easily frustrated
- Struggling with health problems

A MULTIDISCIPLINARY APPROACH TO MAKE OUR CAMPUS THE SAFEST ENVIRONMENT POSSIBLE

ucare.mst.edu

HOW TO REPORT

REPORT ONLINE
ucare.mst.edu

UCARE
ucare@mst.edu
341-4209

Krista Morris-Lehman
morrislehmank@mst.edu
341-4211

Resource Information
ucare.mst.edu/facultystaff

Ask.Listen.Refer.
asklistenrefer.org/mst
UCARE was formed following incidents that highlighted the need for greater communication and preparedness regarding students facing distress. UCARE focuses on prevention and effective response strategies.

UCARE COMMITTEE MEMBERS

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REFERRAL STATISTICS

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What does UCARE do?

- Prevention and planning
- Consults and communicates
- Gathers information
- Assesses circumstances
- Develops action plans
- Responds
- Process improvement

Revised May 2017