

# Missouri S&T Risk Assessment Tool

## HARM TO SELF

### DYSREGULATION/DECOMPENSATION

- ▲ Acutely suicidal (thoughts, feelings, expressed intentions and ideations)
- ▲ Para-suicidal (extreme self-injurious behavior, eating disorder) life-threatening
- ▲ Engaging in risk taking behaviors (e.g. substance abusing)
- ▲ Hostile, aggressive, relationally abusive
- ▲ Inability to regulate emotion, self, cognition, behavior, or relationships
- ▲ Profoundly disturbed, detached view of reality
- ▲ Unable to care for themselves (poor self-care/protection/judgment)
- ▲ At risk of grievous injury or death without intent to self-harm

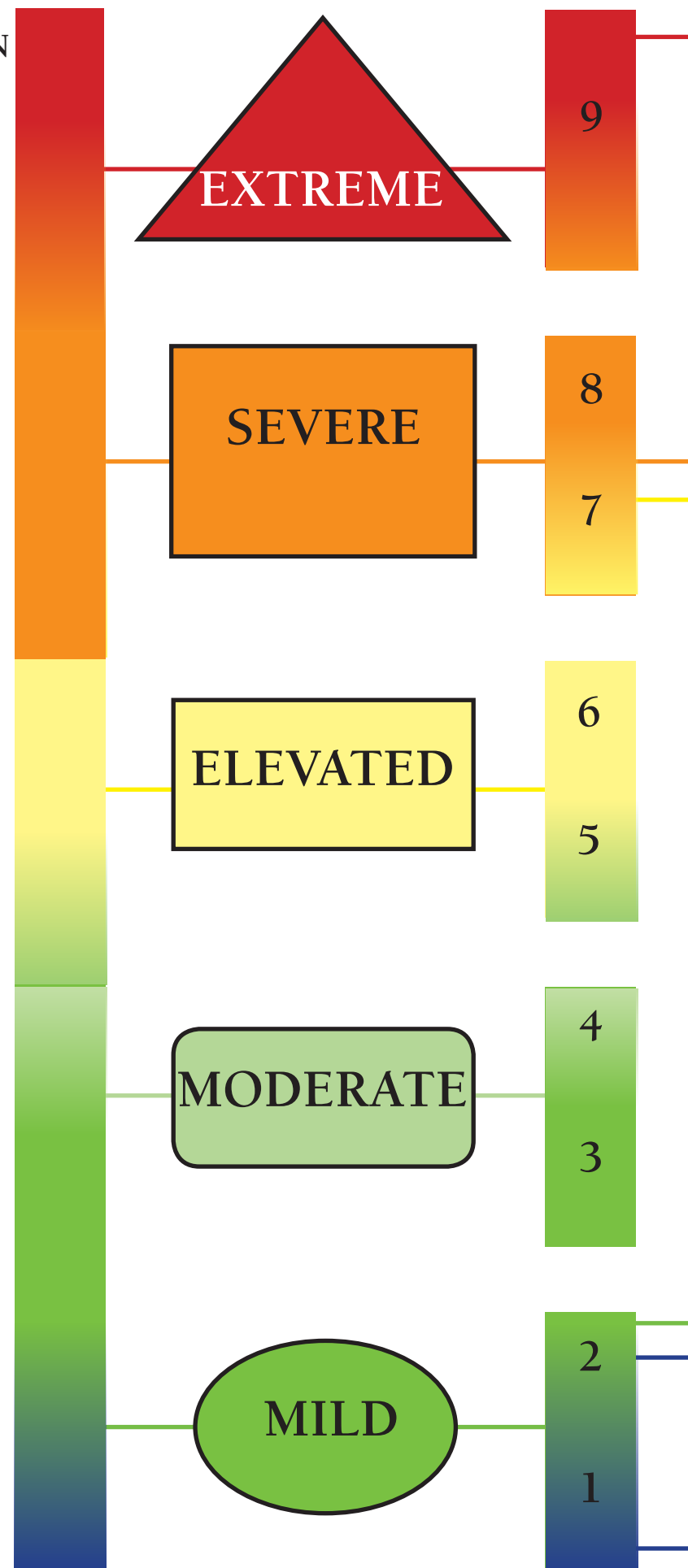
### DISTURBANCE

- Increasing disruptive or concerning, unusual and/or bizarre behavior
- May be destructive, apparently harmful or threatening to others
- Substance misuse and abuse; self-medication
- Inability to cope

### DISTRESS

- Emotionally troubled, depressed/unstable
- Impacted by situations or traumatic event
- May be symptomatic if not coping/adapting
- May subside when stressor is removed

## OVERALL RISK



## HARM TO OTHERS

Nine Levels of Violence

### CRISIS

Loss of verbal control, judgment, and/or physical control. End result may be an act of violence.

### ESCALATION

Stress exceeds ability to cope. During this stage an individual's body language, behavior and the level of verbal aggression increases.

### TRIGGER

Characterized by stress and anxiety on nearly a daily basis. Individual has the ability to cope.

### EXTREME RISK

- Dysregulated (way off baseline) or medically disabled
- Threat made or present, concrete (specific or direct)
- Likely to be repeated or shared
- Information about threat is consistent, plausible or includes specific detail of a plan (time, place, etc.)
- Threat may be repeated with consistency (may try to convince listener they are serious)
- Content of threat suggest threatener will carry it out (references to weapons, means, target)

### SEVERE RISK

- Disturbed or advancing to dysregulation
- Threat made or present
- Threat is vague, but direct, or specific but indirect
- Likely to be repeated or shared with multiple reporters
- Information about threat or threat itself is consistent, plausible, or includes increasing detail of a plan

### ELEVATED RISK

- Seriously disruptive incident(s)
- Exhibiting clear distress, more likely disturbance
- Threat made or present, vague and indirect, but may be repeated or shared with multiple reporters
- Information about threat or threat itself is inconsistent, implausible or lacks detail
- Threat lacks realism, or is repeated with variations
- Content suggests threatener is unlikely to carry it out

### MODERATE RISK

- More involved or repeated disruption, concerning, likely distressed or low-level disturbance
- Possible threat made or perceived; is vague and indirect
- Information about threat or threat itself is inconsistent, implausible or lacks detail
- Threat lacks realism, individual unlikely to carry it out

### MILD RISK

- Disruptive or concerning behavior
- May or may not show signs of distress
- No threat made or present

### EXTREME RISK

- Possible confrontation by reporter
- Parental/guardian notification
- Evaluate emergency notification to others
- No behavioral contracts
- Interim suspension or withdrawal, if applicable
- Possible liaison with local police to compare red flags
- Too serious for mandated assessment
- Evaluate for medical/psychological transport, custodial hold, involuntary commitment
- Initiate voluntary/involuntary medical withdrawal
- Law enforcement response

### SEVERE RISK

- Possible confrontation by reporter
- Parental/guardian notification likely obligatory
- Evaluate emergency notification (FERPA/HIPAA/Clery)
- No behavioral contracts
- Recommend interim suspension or paid/unpaid leave
- Liaison with police, compare red flags, police response
- Deploy mandated assessment
- Evaluate for medical/psychological transport, custodial hold, voluntary/involuntary withdrawal or commitment
- Direct threat eligible

### ELEVATED RISK

- Meeting/mandated referral by reporter
- Evaluate parental/guardian notification
- Obtain and assess medical/educational and other records
- Consider interim suspension if applicable
- Evaluate for disability services and/or medical referral
- Consider referral or mandated assessment
- Conduct risk assessment

### MODERATE RISK

- Meeting/soft referral by reporter
- Behavioral contract or success plan (for low-level concerns)
- Student conduct or HRSAAADI response
- Evaluate for disability services and/or medical referral
- Conflict management, mediation, problem-solving

### MILD RISK

- Meeting/soft referral by reporter
- Behavioral contract or success plan with student (only for low-level concerns)